## What to Declutter



## **Living Room** □ CDs □ DVDs ☐ VHS tapes ☐ Storage cabinets that used to hold CD's and DVD's ☐ Books you no longer love Bedroom + Closet ☐ Magazines & Newspapers Old or extra sheets, blankets, bedspreads ☐ Anything you're tired of dusting ☐ Puzzles + board games with missing pieces Any Excess Furniture Old or uncomfortable pillows ☐ Old remote controls Clothes that don't fit ☐ Burned-down candles ☐ Damaged clothing, old swimsuits ☐ Old prescription eyeglasses ☐ Shoes that are uncomfortable or old ☐ KnickKnacks with no sentimental value ☐ Clothing you haven't worn in over a year **Home Office** ☐ Socks with holes or without mates ☐ Phone books ☐ Scarves + accessories you haven't used in a year ☐ Wire hangers, broken hangers ☐ Take-out menus ☐ Watches you don't wear Expired insurance papers ☐ Free advertising t-shirts ☐ Unnecessary tax paperwork ☐ Broken or unused jewelry ☐ Orphaned electronics cords + cables ☐ Old tote bags or backpacks Old or broken electronics ☐ Old or damaged luggage Old receipts, ticket stubs ☐ Cash-in your coin jars Owner's Manuals (look them up on the web) ☐ Old parfume and colognes Extra pens, pencils, notepads, office supplies Old calendars, maps, tourist guides Old cell phones, phone covers, screen protectors **Bathroom** ☐ Old make-up Garage ☐ Travel-size and sample toiletries ☐ Paint cans ☐ Nearly-empty product bottles ☐ Expired sunblock and medications ☐ Expired or unused home + yard products ☐ Worn-out or ripped towels + washcloths ☐ Broken toys, unused bikes, trikes ☐ Broken anything else ☐ Old nail care products ☐ Excess or unused cleaners ☐ Expired facial care products ☐ Expired sunscreen Repair parts for items you no longer own ☐ Unused curling irons, curlers, straighteners ☐ Unused exercise equipment ☐ Unused sporting equipment Kitchen Miscellaneous ☐ Expired refrigerator food ☐ Expired + mystery pantry items ☐ Scraps of wrapping paper and smashed bows ☐ Greeting cards you've been saving ☐ Chipped glasses and mugs ☐ Decorations you haven't used in the last year ☐ Empty Bottles, extra sports bottles ☐ Gifts you don't like or don't use ☐ Dishes from when your children were little Old kid and pet toys ☐ Cooking tools, appliances, utensils you don't use Old school anything: uniforms, books, assignments ☐ Plastic containers without lids ☐ Unused purses, wallets, bags ☐ Plastic lids without containers ☐ Crumpled or damaged craft items Excess plastic containers that don't stack easily ☐ Half-finished projects ☐ Extra coffee mugs ☐ Unused picture frames ☐ Extra shopping bags ☐ Extra throws and blankets ☐ Worn-out scrubbers + sponges ☐ Mystery frozen foods ☐ Expired medicine + supplements ☐ Old or scratched cookware ☐ Plastic cutlerv



☐ Cookies cutters